



February 11, 1998

FEB 18 1998

Linda S. Kahl, Ph.D.  
Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 "C" St. S.W. (HFS-450)  
Washington, D.C. 20204

Dear Dr. Kahl:

NaturaLife Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Valerian. The dietary ingredient that is the subject of the statement is Valerian Root. The statement reads as follows:

**"Helps promote relaxation and restful sleep."**

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

The information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

NATURALIFE CORPORATION

Gordon M. Walker  
Regulatory Counsel

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Gordon/Letter/Kahl-NL- Valerian Root

97S-0162

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